

# MASC NEWSLETTER

---

16<sup>th</sup> Edition – September 5, 2026



## RECOVERY SLOGANS & MANTRAS

ONE DAY AT A TIME • TOGETHER WE RISE

2. Just for today
3. Keep coming back
4. It works if you work it
5. Easy does it!
6. First things first
7. Let go and let God
8. Progress, not perfection
9. This too shall pass
10. Keep it simple
11. Live and let live
12. Principles before personalities
13. More will be revealed
14. You're only as sick as your secrets
15. Meeting makers make it
16. 90 meetings in 90 days
17. Don't quit before the miracle happens
18. Nothing changes if nothing changes
19. Stay clean, no matter what
20. Don't use no matter what!
21. We do recover
22. Never alone, never again
23. Together we can
24. Recovery is a journey not a destination
25. You never have to use again
26. The program works
27. Give yourself a break
28. Take what you need and leave the rest
29. HALT – Hungry, Angry, Lonely, Tired
30. Play the tape through
31. Your best thinking got you here
32. Feelings aren't facts

33. Acceptance is the answer
  34. Change we must!!!
  35. Faith without works is dead
  36. Take the steps the elevator is broken
  37. Pain is inevitable, suffering is optional
  38. Do the next right thing
  39. Keep your side of the street clean
  40. Clean house, trust God, help others
- Recovery gave me a life worth staying clean for!!!!

## UPCOMING EVENTS IN NA

HELP US CELEBRATE WORLD UNITY DAY  
TODAY!!!

Saturday| 5 September 2026 11:00am-  
2:30pm PDT (18:00-21:30 GMT)

11:00am-12:30pm

PR presentation with World Services update

12:30-1:00pm

Serenity Prayer followed by videos

1:00-2:30pm

Panel of recovery speakers

Zoom ID: 862 3150 9876

Passcode: 1953

Spanish and Portuguese translation  
provided

Contact [wb@na.org](mailto:wb@na.org) if you require other  
interpretation.

UNITY PRESENTS FROM BROKEN PIECES TO  
MASTERPIECES.

"We Do Recover 99"

SALAM UNITED METHODIST CHURCH

2190 Adam Clayton Powell Blvd, New York,  
NY 10027

DATE: SEPTEMBER 12, 2026

TIME: 2 TO 9PM

SPEAKERS • KARAOKE • AND DANCE

FOOD AND BEVERAGES FOR SALE

\$10TICKETS in ADVANCE

\$15 AT THE DOOR

RECOVERY IN THE PARK. EVERY SUNDAY!!!!

9:30am-11:00am. Brigadier General Charles  
Young Playground. Weather Permitting. 145  
Lenox Ave on the corner!

THE ROSEMOUNT GROUPS

31 YEAR

Anniversary

24 SPEAKERS

SATURDAY 5TH SEPTEMBER

11:50am - 10:00pm BST

6:50am - 5:00pm EST

3:50am - 2:00pm PST

MEETING ID: 850 2238 2745

PASSWORD: mount

QACCNA

FALL

HOSTED BY

QUEENS AREA CONVENTION COMMITTEE

FISH FRY

FOOD • FUN FELLOWSHIP

FUNDRAISER

SPEAKER JAM

WE DO RECOVER

DATE:

SATURDAY,

SEPTEMBER 19, 2026

TIME:NOON TO 6:00PM

LOCATION:

137-35 Brookville Blvd.

Rosedale, NY 11422ENTER FROM

241 STREET

SPEAKER PORTION

STARTS AT 1PM

George W.

Karen P.

AC Morning Miracles

9Year GroupAnniversary Cookout &  
Fellowship

When:

September 12,2026

Time:10:00am till 7:00pm

For more info

Where:

201 N. New Hampshire Ave.

Atlantic City, NJ

RECUPERACION ON THE LES ARE

PRESENTING MIRACLES HAPPEN ON THE

LES SPEAKER JAM

SEPTEMBER 26 FROM 2-10PM

FOR \$5.00 TICKETS CALL ANNETTE

LUIS

200 MADISON ST NY

KEEP COMING BACK

IT WORKS -WE DO RECOVER!



**ANNIVERSARIES IN NARCOTICS  
ANONYMOUS THIS MONTH!**

10 YEAR ANNIVERSARY CELEBRATION  
JONATAN C.

Celebrating @ Brooklyn Mens Rap  
1545 Atlantic Ave, Brooklyn NY

"The miracle of recovery is available to us  
all, even after we've been clean a long time.  
Just as we see the miracle of addicts getting  
clean, we see the miracle of clean addicts  
getting better, sometimes after many years."  
-GP

SEPTEMBER 7th • 6PM

WOMEN DO RECOVER

6th Year Anniversary!  
Saturday September 19th 2026  
from 10:30 a.m.-6:30 p.m.  
eastern standard time

Healing  
our Little Girl  
Building  
our Best Life!!!

All Women

DO RECOVER

ZOOM INFORMATION «=

ID: 821-3796-2971 | PW: ALLWDR

Call in#/PW: 616-558-8656/425-043

Men are Welcome

Rasual

Will be celebrating

22 Years

Come out lets celebrate!

September 19th at 7pm EST.

Zoom info

Morning Miracles

574-046-0654

PW:418 934

Jessica L.

will be celebrating

2yrs clean

When: Sept 15, 2026

Where: A Step in Time Group of NA

Time: 7:30pm-9pm ET

ID: 135934812

Pw: 135934

ALL ARE WELCOME!

UPTOWN FRIDAY NIGHT GROUP 40th  
Anniversary

Come join us for some food, fun and  
fellowship!

6:00PM Saturday September 26, 2026

630 ISHAM STREET,

NEW YORK, NY

Between Cooper Street and Seaman  
Avenue.

take the uptown A train to the last stop (207  
street), Also accessible to the BX12, BX7 and  
BX20 buses Date: September 25, 2026.

PUSHHOUR

GROUP

TENIA M AKA "BIG MOMMA"

2

CELEBRATING 2 YEARS CLEAN AND  
SERENE



SEPTEMBER 16, 2026 5:00PM EST

ID:

PW:

705-264-3243

RUSHHOUR

BRING A NEWCOMER

The Greater Plainfield Area Activities

FREE ANNUAL

COOKOUT

ZE

3 Speakers, Food, Fun, and Fellowship

Bring your chairs and a newcomer

Saturday September 12 2026

Cedarbrook Park - Parkside Area

1352 Arlington Ave Plainfield, NJ 07060

CHAIR PERSON: SUN SEVEN

VICE CHAIR: SHAWN R

Donations Are Accepted

DAY BY DAY GROUP ANNIVERSARY

Celebrating 45 Years of Service

FORESTPARK-QUEENS OAKRIDGEPICNIC  
AREA

Speaker Meeting • Raffle Food + BBQ •

Fellowship

Entrance: Forest Park Dr (Woodhaven Blvd)

→ parking lot

Driving South: Belt Pkwy → Cross Bay Blvd

N → ~3 mi → left on Forest Park Dr

Driving North: Woodhaven Blvd mi mi → past

Myrtle → right on Forest Park Dr

Transit: R/M → Woodhaven Blvd

053, Q11, Q21, Q52 → Myrtle & Woodhaven

Joey T - [REDACTED] Barbara D -

[REDACTED] Arturo - [REDACTED]

SUNDAY, SEPT 20TH 11-6PM

Bring a chair or blanket.

Water, Soda, Salad Donations are welcome!

KINGS BAY AREA

Picmie

PRESENTS

34th XXXIV YEAR ANNIVERSARY PICNIC

FOOD REFRESHMENTS MUSIC FUN GAMES

WHEN: SATURDAY, SEPTEMBER 19, 2026

10AM-4PM SPEAKERS @12PM

WHERE: MANHATTAN BEACH

ORIENTAL BLVD & FALMOUTH ST

BROOKLYN, NY 11235

MORE INFORMATION CONTACT:

MIKE D [REDACTED] or Sal M [REDACTED]

BRING YOUR OWN CHAIRS/SUITS/TOWELS

MERCHANDISE FOR SALE - DONATIONS

WELCOMED ON STREET PARKING

AVAILABLE

ACCESSABLE TO BUS 1 & 49

H&I trusted servants, please join us for a  
webinar.

26 September 9am PDT

(16:00 GMT)

There will be a demonstration of the  
upcoming new NA Literature App for prison  
tablets.

Discussions will focus on:

Sponsorship Behind the Walls-How



NAWS can help connect your committee with those experiencing incarceration. Does your committee make use of the Intro Guide when visiting prisons/jails? Zoom ID: 857 0853 9669 Passcode: H&I2026 Multiple language interpretations available, cont

Please join us for an open webinar  
SEPTEMBER 26, 2026 11am-12:30pm  
Safety and Belonging:  
Gender-Neutral Language  
Narcotics Anonymous  
We will discuss the current project, some history, and the proposed revisions to IP #1.  
IP No. i  
Who, What, How, and Why  
Zoom ID: 838 9514 2767  
Passcode: 1953  
Spanish and Portuguese translation provided.  
Contact [wb@na.org](mailto:wb@na.org) if you require other interpretation.

Global Recovery Webinar  
September 30, 2026 12:00 - 1:30 p.m.  
In honor of International Recovery Day. join Friends of Recovery - New York and a panel of international recovery speakers exploring global partnerships and improving the lives of people in recovery across the World.

#### **GROUPS AVAILABLE IN NA:**

SPIRITUALLY CONNECTED

GROUP  
NØ  
OCIET  
SERVIC  
MONDAY & TUESDAY  
3:30pm EST  
ID: 892-2381-6673  
PW: Free

MONDAY:  
SPIRITUAL PRINCIPLE A DAY  
TUESDAY: ROTATING FORMAT  
FIRST TUESDAY: CORRESPONDING STEP  
SECOND TUESDAY: CORRESPONDING TRADITION  
THIRD TUESDAY: JUST FOR TODAY MEDITATION  
FOURTH TUESDAY: LIVING CLEAN THE JOURNEY CONTINUES  
FIFTH TUESDAY: INFORMATIONAL PAMPHLET THE VIRTUAL TIES THAT BIND US TOGETHER.

JOY IN THE JOURNEY  
GROUP OF NARCOTICS ANONYMOUS  
One Day at a Time... Together  
MEETING SCHEDULE  
Monday - Friday  
6:00 PM - 7:30 PM EST  
LOUNGE OPENS:  
5:45 PM EST  
MONDAY - THURSDAY  
Discussion topics are taken from the Journey Continues Living Clean book.  
FRIDAY SPEAKER MEETING



Each Friday, we have a speaker that will share their experience, strength, and hope on their clean date from the JFT book.

NEWCOMERS WELCOME!

Zoom

JOIN US ON ZOOM

MEETING ID: 832 1991 2533

NO PASSWORD REQUIRED

MUSICAL MIRACLES

is looking for Trusted Servants with the willingness to give back what has been so freely given.

Request a Song,

You can sing it or listen to it

Share how it has affected your life and recovery!

Looking for a Homegroup?

"MUSICAL MIRACLES " has been waiting just for you.

WELCOME HOME

Where you can

SHINE BRIGHT

LIKE A DIAMOND

Contact

Zoom Id

380-285-2298

859 6806 9749

Password-clean

TOGETHER WE GROW 12-1:30P

893 9310 1096

PSWD

620340

JOIN US ONLINE!

\*M/T/W/Th 12-1:30Pm

KEEPING IT' GREEN

IN GREENBURGH—

Hope. Unity. Service. Recovery.

MEETS

EVERY SATURDAY 7PM EST

31 MANHATTAN AVE

WHITE PLAINS, NY

In The Basement

WE'RE IN NEED

AFTER ALMOST 38YRS IN SERVICE WE'RE

ASKING YOU TO HELP

Keep Our Doors Open....

BBTL

Group of Narcotics Anonymous

A BEGINNER'S MEETING

COC

New Meeting Time Tuesday and Friday 12:00

Noon to 1:30 PM EST

Contact

Gerri nails [REDACTED]

Lorne W [REDACTED]

Peaceable Kingdom [REDACTED]

GROUP:

NO MORE EXCUSES

TOPIC: AGING IN RECOVERY

Meeting ID 795 3385 8850

Password 990072

Join Us In NYC on

Thursdays

"BEST THING GOING"



hung  
6:30pm EST.  
ID: 648-325-724  
Password: 648325

Horizons  
Group  
Monday Night's  
7PM to 8:30PM  
EST  
In the ZOOM  
ID# 86107893109  
PW# 861078

MORNING RISE  
lith STEP MEDITATION  
id code 256 275 3367  
Password 638594  
SATURDAYS 8 SUNDAYS

NARCOTICS ANONYMOUS MEETING  
agape  
zoom id & pw  
964-122-9608  
302/93  
MON - SAT  
12 noon - 1:30 PM'EST

Still A Miracle Group  
SUNDAYS AT 5 PM (EASTERN)  
ZOOM ID: #815 8273 2754  
PW: Recovery10

THE SOS GROUP OF NA  
EVERY SATURDAY 6 PM -7: 30 PM

Eastern Time Zone  
Zoom ID: 869 39020145  
Password: nazoommtg

The Newsletter Committee would like to thank everyone who contributes to this newsletter on a monthly basis. The texts and flyers help make this newsletter come alive. Thank You!

The Newsletter Committee Meets the 2nd Tuesday and the last Tuesday of every month at 6pm. Zoom ID 827-313-44833 Pw-373825.  
Committee Members:  
Chair - Jade P - [REDACTED]  
Co-Chair - Rainey - [REDACTED]  
Typesetting – Sabina P

**Disclaimer:** The MASC Newsletter is a presentation of the opinions of individual members of NA, not NA as a whole.

